

OUR STORY

WOMBA (Work, Me and the Baby) is an organisational and executive coaching practice. It was founded in 2015 and was borne out of a desire to champion and develop the careers of working parents and to combat the negative association between career progression and parenting.

Since then, WOMBA has expanded its coaching programmes to help organisations become more inclusive.

We partner with organisations to help them build trust across their workforce allowing diverse talent to thrive. Our approach is simple yet effective. We listen to the experience of employee groups and support leaders in taking conscious steps to change culture.

OUR TEAM

Our two directors, Helen Sachdev and Alison Green, offer a unique blend of executive and non-executive careers, D&I Board experience and executive coaching expertise.

Both are accredited Ashridge executive coaches. Helen is a founding member of WOMBA with a portfolio career, mainly supporting organisations with a social purpose. Alison works with leaders and teams to achieve the work life they want through combining coaching depth with her diverse leadership experience.

As parents, we have experienced the highs and lows of having a family whilst trying to maintain and grow our careers. As leaders, we have championed diversity and inclusion in our organisations and departments.

Neither of these are easy. But we do believe our approach and coaching programmes create meaningful change for organisations and the diverse talent they want to retain.

We're very proud of and passionate about the work we do.

OUR MISSION

We believe that:

- Conscious steps need to be taken to become a more inclusive organisation
- Leaders who learn to truly listen to all their employee groups will earn trust and loyalty
- Organisations who are trusted will thrive, as will their employees

TESTIMONIALS

"Providing expert support to navigate the professional and psychological challenges that arise from becoming a working parent requires sensitivity and skill. The team at WOMBA not only have this expertise but have worked in genuine partnership with my team to deliver an excellent support programme for our lawyers." - Head of People Development, Government Legal Department

"After returning from maternity leave to a new leadership role and during a pandemic - there was a lot I was hoping to get out of my coaching sessions. WOMBA's coaching helped me work through the situation around my return, development areas and specific issues as they arose. The impact - I've been able to tackle challenges with a new perspective and confidence fuelled by my coach's ability to get me to leverage and build on my own strengths. - Business Leader, AND Digital

"Not only was the webinar tailored to our needs through pre-session surveys but there was the chance for those joining the Zoom call to interact in really innovative ways via real-time surveys and through the chat function. Having an experienced moderator and chair from WOMBA allowed us to focus on getting the most out of it." - Co-chair of Parents' Network, Government Legal Department

"The objectivity, observations, and insights from my WOMBA coach are invaluable as I go through this slightly complicated time." - Global Head of Talent, Dyson

"WOMBA's coaching helped me realise that being a parent was a strength, not a weakness. A small investment in support at this critical moment helps ensure that working parents reach their potential." - Director of Strategic Planning and Insight, Nationwide Building Society

"Coaching was important as I stepped up to CEO, helping me build on my leadership skills and hit the ground running. I found it enjoyable and challenging. I'd recommend WOMBA to anyone wanting to develop as a leader." - CEO, Energy Saving Trust